



2023

ANNUAL REPORT
JUNE 2022 – MAY 2023

ST. ANDREW'S CHARITABLE FOUNDATION

SERVING SENIORS IN NEED

Our Mission

To improve the quality of life for seniors-in-need through reliable and compassionate care.

Who We Are

St. Andrew’s Charitable Foundation is part of St. Andrew’s Resources for Seniors System, a faith-based, non-sectarian, non-profit dedicated to building a society in which older adults are respected and whose needs for a secure and productive life are fulfilled. St. Andrew’s has a legacy of meeting the needs of the aging population in the St. Louis area. We focus on enhancing the lives of each older adult by providing a full range of well-being services and secure living environments to older adults over the age of 60.

Who We Serve

The seniors served by St. Andrew’s Charitable Foundation represent a vulnerable population, with unique and pressing needs. These seniors, aged 60 and older, are living on a meager average income of just \$15,000 per year. Their financial circumstances make it extremely difficult to afford essential necessities, including food, medications, housing cost and repairs, and healthcare. Additionally, many of these seniors may lack family resources or support, and they often live alone. St. Andrew’s Charitable Foundation’s mission is to provide critical assistance and support to these seniors, ensuring they can continue to live in the place they call home with dignity, safety, and comfort. The foundation’s programs and services play a pivotal role in addressing the multifaceted challenges faced by this underserved population and contribute to enhancing their quality of life.

Direct Services to Seniors

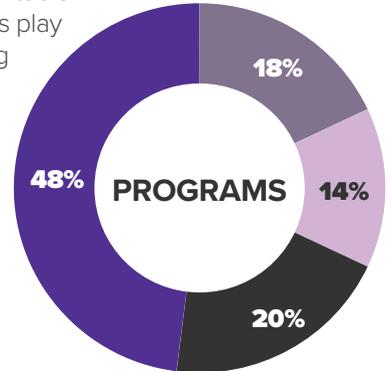
From June 1, 2022, to May 31, 2023, St. Andrew’s Senior Solutions charitable programs for low-income seniors, which is funded by St. Andrew’s Charitable Foundation, served a total of 262 unduplicated seniors. These services play a crucial role in providing seniors with the opportunity to continue living safely, independently, and in good health within their own homes. Importantly, this support is made possible through the generosity of donors, as the services are provided at no cost to the recipients.

Circle of Care | 14%

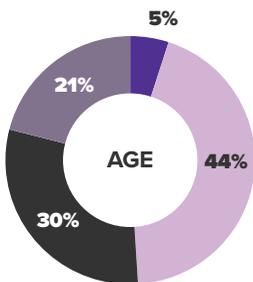
Healthy Foods Program | 20%

Safe Home for Seniors | 18%

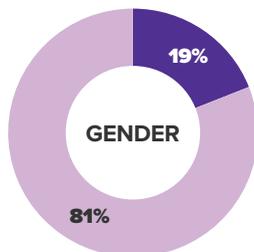
Homer Schmitz Memorial Health Clinic | 48%



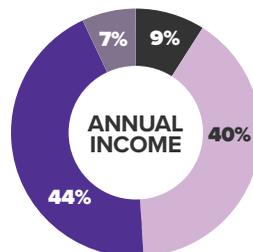
Client Demographics



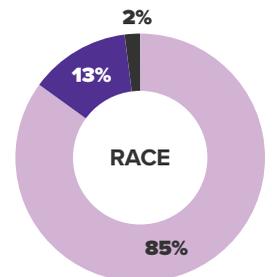
5% 60-64
44% 65-74
30% 75-84
21% 85+



81% Female
19% Male



9% \$0-\$9,999
40% \$10,000-\$14,999
44% \$15,000-\$19,999
7% \$20,000-\$29,999



85% African American
13% Caucasian
2% Other

LETTER FROM THE BOARD

Dear Friends,

I hope you are well and enjoying the holiday season with friends and family. At this time of year, I feel blessed and thankful for my friends, family, and my health. The holidays are also a reminder that many in our senior community have no family or friends nearby to lean on; and many are not in good health. The seniors we serve are impacted by the rising costs in all aspects of their life while living on a fixed income. Seniors are choosing between paying for heat or medicine, groceries or rent, transportation or toiletries.

Together, we help meet the needs of older adults in our community who live on an average of \$15,000 a year or less. Our programs, Safe Home, Healthy Foods and Circle of Care, are a lifeline to numerous seniors throughout the St. Louis Metropolitan area. Many of the seniors we serve cannot afford groceries, live in food deserts with no grocery stores nearby and have limited or no transportation options. Many seniors are isolated with no family nearby, some don't know their neighbors. Our Circle of Care and Safe Home programs provide seniors the opportunity to remain living safely, independently, and healthy in their homes.

In the fall of 2022, we were thrilled to bring back our 18th Annual Ageless Remarkable St. Louisans Gala after a two-year hiatus due to the Covid-19 Pandemic. On Saturday, October 1, 2022, 300 guests gathered at the Hyatt Downtown to celebrate the Class of 2022 honorees, age 70 or better, that are making a positive impact throughout St. Louis. It was wonderful to be back in person to celebrate their accomplishments and raise vital funds for the seniors we serve.

St. Andrew's Charitable Foundation is dedicated to caring for our local seniors and because of you and your generous support, we can provide a healthier life for struggling seniors. It is only through your thoughtful and kind support that we can help meet the needs of an often-forgotten segment of our society, our senior citizens. Thank you for your generosity to this very important cause.



Sincerely,

A handwritten signature in black ink that reads "Laura J. McBride".

Laura J. McBride
Chairman of the Board

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OUR SERVICES

St. Andrew's Charitable Foundation plays a critical role in funding charitable in-home services for low-income seniors, enabling them to continue living safely and healthily in their own homes. This commitment to supporting aging in place has far-reaching benefits, not only for the seniors themselves but for society. Aging in place offers several advantages, including improved health and emotional well-being for seniors. They can remain in familiar surroundings, maintaining connections with their communities and enjoying a sense of independence and comfort. These factors are pivotal in enhancing their overall quality of life. Moreover, there is evidence to suggest that programs that facilitate aging in place can yield substantial cost savings. These cost savings extend to families, as they are not burdened with the high expenses associated with alternative senior care options, such as nursing homes. Additionally, governments and healthcare systems can benefit from reduced healthcare costs and lower rates of hospitalization. Our charitable programs include:

HEALTHY FOODS PROGRAM

The Healthy Foods Program is a pioneering initiative aimed at combating food insecurity among seniors.

As the first program of its kind in the St. Louis area, it focuses on delivering comprehensive support to seniors. This includes personalized home delivery of nutritious groceries, connecting eligible seniors with benefit counselors to apply for programs like the State Nutritional Assistance Program (SNAP), and providing valuable nutritional education. By offering not only food but also knowledge and resources, the program helps seniors access the sustenance they need while promoting better eating habits, all with the goal of enhancing their overall well-being and quality of life.



87% of clients had a significant improvement in their nutritional screening score after six months in the program.

60 CLIENTS SERVED

665 DELIVERED FOOD ORDERS



41 CLIENTS
SERVED

8,379 HOURS OF
SERVICE

CIRCLE OF CARE

The Circle of Care program is a lifeline for seniors, offering crucial services that enable them to live independently and safely in the comfort of their homes for as long as possible.

Often, these services serve as an interim solution until seniors can access benefits like Medicaid or Veterans programs. This approach ensures that seniors can maintain their independence, stay out of the hospital, and delay entry into nursing homes until they are genuinely ready.

The program begins by assessing the specific needs of each senior, which forms the basis for establishing a personalized care plan. Services provided by direct care staff encompass a broad spectrum, including housekeeping, meal planning and preparation, personal care such as bathing and grooming, medication reminders and management, transportation, and more. Beyond these essential services, the program is dedicated to improving the overall quality of life for each senior and connecting them with vital community resources. Circle of Care is not just about immediate support; it's about fostering long-term well-being and independence.

At 92, Alma, battling heart disease and severe arthritis, relies on Circle of Care services to aid with daily tasks that became challenging for her. During a severe summer storm in St. Louis, Alma endured a lengthy power outage. Her St. Andrew's care manager promptly reached out to ensure her safety, verifying she could stay with nearby relatives. Upon her return, Alma faced a fridge filled with spoiled food. Struggling both financially and physically, Alma was unable to replace the spoiled food or clean up the mess. St. Andrew's Circle of Care stepped in, cleaning the fridge, while the Healthy Foods program delivered fresh groceries.

Alma, overwhelmed, expressed gratitude, sharing how blessed she felt to be a client of St. Andrew's. Alma's experience is a testament to our commitment to supporting seniors in times of need, even when storm cleanup and support aren't the primary focus of our programs. This flexibility and compassion are instrumental in ensuring that seniors like Alma can maintain their dignity and independence through adversity. Her story exemplifies the impactful support your contributions to St. Andrew's Charitable Foundation provides.

HOMER SCHMITZ MEMORIAL HEALTH CLINICS

The onsite health clinics, in partnership with Deaconess Faith Community Nurses, play a pivotal role in caring for high-need residents at three residential housing facilities for low-income seniors.

These clinics offer on-site, walk-in healthcare services at no cost, prioritizing preventative care and early intervention to prevent major health issues. By providing services that help manage chronic illnesses, both physical and mental, facilitating smooth transitions from acute or post-acute care, reducing avoidable hospital readmissions, addressing medication-related complications, increasing patient engagement, and minimizing the use of emergency medical transportation, these clinics not only enhance the well-being of residents but also contribute to the overall efficiency and sustainability of healthcare for this vulnerable population.



145 CLIENTS SERVED

87% showed stabilization or improvement on their chronic disease evaluation.

98% showed stabilization or improvement on their Geriatric Depression and Anxiety scale.



50 CLIENTS
SERVED

90% of clients reported the program
made their homes safer.

SAFE HOME FOR SENIORS

The Safe Home for Seniors program addresses a critical need among low-income seniors who wish to age in place safely.

Minor home repairs and modifications often stand as a significant barrier to this goal. Falls, a leading cause of injury and mortality among the elderly, can result in severe and permanent injuries, jeopardizing a senior's ability to remain in their home.

This program takes proactive measures to minimize the risk of falls and enhance home safety. It encompasses a range of essential repairs and safety modifications, such as fixing or replacing leaky and corroded faucets and pipes, door and window replacements, and repairs to decks, porches, steps, and floors. Furthermore, the program includes the installation of night lights, safety lights, locks, railings, grab bars, and smoke detectors, in addition to basic weatherization measures. Through these efforts, the Safe Home for Seniors program ensures that seniors can maintain their independence and well-being in a safe living environment, thereby reducing the risk of accidents and falls that might necessitate a move to more expensive care facilities.

Percy's story is a touching testament to the life-changing impact of the Safe Home for Seniors program. Percy, at 65 years of age, was living on a modest joint income of \$1,390 per month with his wife. His life took an unexpected and devastating turn when he developed a spine infection that required surgery. Regrettably, the surgery left him paralyzed from the waist down, dramatically altering his once active and independent lifestyle. Percy found himself homebound, unable to leave his home without immense effort and assistance from his family. The feeling of being a prisoner in his own home weighed heavily on him.



However, the Safe Home for Seniors program intervened and installed a chair lift at Percy's home, providing him with newfound mobility and independence. The transformation was nothing short of remarkable. The chair lift enables Percy to safely exit his home, restoring a vital sense of freedom and autonomy to his life.

Percy's reaction to the news that he would receive a chair lift speaks volumes about the positive impact of St. Andrew's Charitable Foundation. His overwhelming gratitude, happiness, and tears are a poignant reminder of the organization's mission to enhance the lives of seniors and provide them with the support they need to maintain their well-being and dignity.

Percy's life was significantly improved, thanks to the compassionate and life-changing support of St. Andrew's Charitable Foundation donors.

AGELESS Society

“The Ageless Society” is a distinguished group of individuals recognized by St. Andrew’s Charitable Foundation as “Ageless Remarkable Saint Louisans.” These exceptional individuals have not only earned this recognition but also share a commitment to advancing the foundation’s mission of enhancing the quality of life for seniors in need. Their support is demonstrated through an annual membership gift.

St. Andrew’s Charitable Foundation extends its heartfelt gratitude to the following members for their ongoing and unwavering support. Their dedication to the cause of seniors-in-need is a testament to the positive impact that individuals can have on the lives of seniors and the broader community.

Platinum Ageless Society Members

Dr. Jorge M. Alegre, †, 2018
*Mariann Baker, 2018
Jack Bodine, 2006
*Rev. Richard and Johann Ellerbrake, 2010
*W.F. Samuel Hopmeier, 2011
Ken Kranzberg, 2013
*Dr. Kent Kreh, 2015
Jack Musgrave, 2022
*Ralph Thaman, Jr., 2016
*Mary A. T. Tillman, M.D. †, 2013

Gold Ageless Society Members

*William Siedhoff, 2017
*Dr. Perry and Sally Schoenecker, 2019

Silver Ageless Society Members

*Margaret (Marge) Aylward, 2018
*William Ball, 2012
Dr. Karen Franck Barney, 2022
*Sr. Judith Ann Bell, 2017
*Delores Betts-Mars, 2012
*Gloria Broun, 2019
Dr. William C. Finnie, 2022
*James Kimmey, M.D., 2010
*Sally Lefler, 2015
*Earl Lindenberg, 2016
Carolyn Losos, 2008
Mary Ann Mastorakos, 2022
Diane McCullough, 2022
*Sr. Jacqueline Motzel, FSM, 2019
*Anita Siegmund, 2016
Ollie Mae Stewart, 2008
Peggy Symes, 2013
William Van Luven, 2011
*John F. Walters, 2016

† Deceased

An asterisk by a member’s name denotes charter member status.



AGELESS SOCIETY LUNCHEON

St. Andrew's Charitable Foundation expressed its deep gratitude and recognition to its esteemed Ageless Society Members through a special luncheon event held on May 16, 2023. The occasion served as an opportunity to bring together Ageless Society members, St. Andrew's board members, and staff in a convivial gathering at the St. Louis Club. Notably, the event also marked the introduction of the 2023 Class of Ageless Remarkable Saint Louisans, with many of these distinguished individuals in attendance.

For those who hold the honor of being an Ageless Remarkable Saint Louisan and are interested in learning more about the Ageless Society, St. Andrew's Charitable Foundation welcomes inquiries and invites you to contact the Foundation office. This event not only celebrated the outstanding contributions of its members but also reinforced the spirit of community and shared commitment to supporting seniors-in-need.



18TH ANNUAL AGELESS REMARKABLE SAINT LOUISANS GALA

The Ageless Remarkable Saint Louisans Gala hosted by St. Andrew's Charitable Foundation on October 1, 2022 was a truly remarkable and heartwarming event. After a two-year hiatus due to the challenges posed by the Covid-19 pandemic, the organization was thrilled to once again gather at the Hyatt Regency St. Louis at the Arch.

The gala served as an occasion to celebrate and honor 11 remarkable individuals who have demonstrated an unwavering commitment to their community during their later years of life. These remarkable individuals exhibited their dedication through their work, volunteerism, public service, leadership, and major accomplishments, setting a shining example for all. The evening was marked by various highlights, including the honoring of these 11 Ageless Remarkable Saint Louisans and a special recognition of Mary Alice Ryan, the former President & CEO, for her years of dedicated service.

In addition to these celebrations, the gala featured a St. Louis sports auction and a "fund a need" initiative aimed at raising crucial funds to directly support St. Andrew's services for low-income seniors. The generosity of attendees, sponsors, and other supporters shone through, as they collectively contributed nearly \$300,000.

These funds played a vital role in enabling St. Andrew's Charitable Foundation to continue its mission of providing essential services, including in-home care assistance, the delivery of healthy groceries, home repairs and modifications, and health care services. These comprehensive services are instrumental in helping seniors remain safely and independently in their own homes, preserving their dignity and quality of life. This gala and the outpouring of support truly made a remarkable difference in the lives of seniors in need.

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Select Rehabilitation, Inc.
Washington University in St. Louis

SAVE THE DATE
9-28-2024

AGELESS
Remarkable
SAINT LOUISANS
20th Annual Gala



TEE UP FORE SENIORS

The Tee Up FORE Seniors golf tournament at Topgolf Chesterfield on April 24, 2023, was a resounding success, with over 200 attendees coming together to make a difference. The event was made possible by the invaluable support of sponsors and enthusiastic golfers. Their collective efforts resulted in a remarkable achievement, raising over \$75,000.

The funds raised during this event will play a pivotal role in supporting low-income seniors, enabling them to maintain their safety and health in the comfort of their homes. This support is vital in helping seniors age in place with dignity and well-being.

St. Andrew's Charitable Foundation extends profound gratitude and deep appreciation to the sponsors who made this event possible through their generous support. It is through such partnerships and collective efforts that positive change is brought to the lives of seniors in the community.



Title Sponsor



Birdie Sponsors



Hole-in-One Sponsor



Eagle Sponsors



Fairway Sponsor



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Auction Sponsor



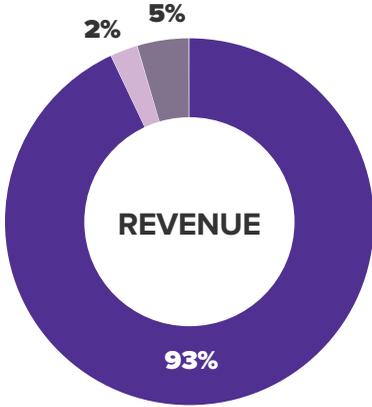
SAVE THE DATE APRIL 29, 2024



DON'T MISS THE FUN NEXT YEAR.
MARK YOUR CALENDAR TO TEE UP FORE SENIORS
AT TOP GOLF CHESTERFIELD.

OUR FINANCIALS

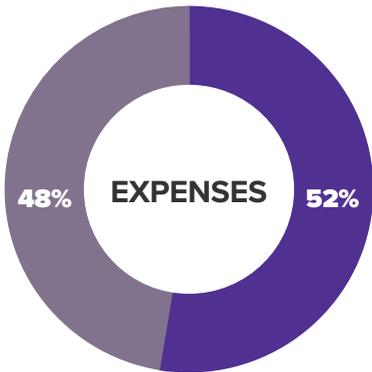
St. Andrew's Charitable Foundation relies on generous supporters to champion the cause of seniors-in-need. From June 2022 - May 2023 over \$1 million was raised to support our charitable programs, from individuals, corporations, foundations and others. Our donors are appreciated for their continued support. With your help, we can improve the quality of life for seniors-in-need through reliable and compassionate care.



Revenue

Contributions	\$1,010,945
Interest & Dividends	\$26,331
Other Revenue	\$49,834
Total Revenue	\$1,087,110

Contributions | 93%
Interest & Dividends | 2%
Other | 5%



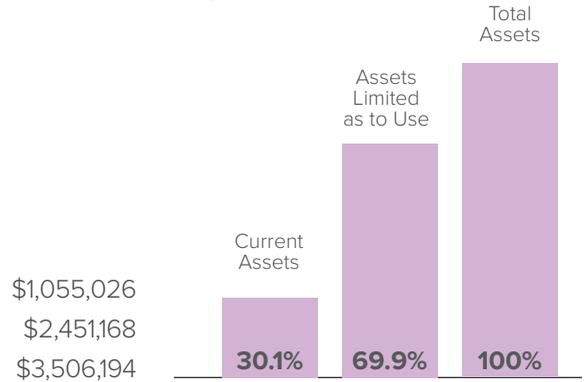
Expenses

Programs	\$676,492
Fundraising & Administration	\$609,800
Total Expenses	\$1,286,292

Programs | 52%
Fundraising & Administration | 48%

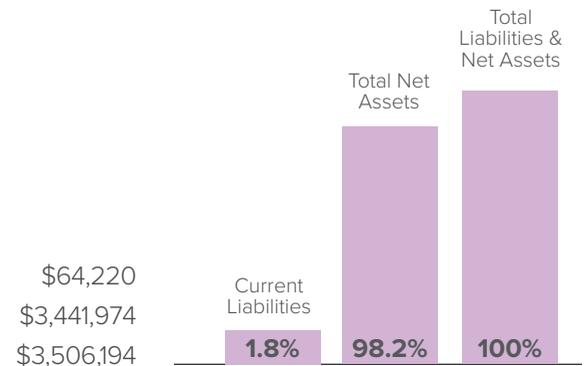
Assets

Current Assets	\$1,055,026
Assets Limited as to Use	\$2,451,168
Total Assets	\$3,506,194



Liabilities & Net Assets

Current Liabilities	\$64,220
Total Net Assets	\$3,441,974
Total Liabilities & Net Assets	\$3,506,194



THANK YOU TO OUR DONORS

Gifts given between June 1, 2022 - May 31, 2023.

\$100,000 and Above

St. Louis City Senior Fund

\$50,000 - \$99,999

Ballmann Family Private
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\$1-\$249

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Mr. Don Carlson
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Mr. Kevin Corzatt
Mr. Ryan Cotner
Ms. Tina Cucinotta
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Mr. Keith Gaertner
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