

ST. ANDREW'S CHARITABLE FOUNDATION

Our mission is to improve the quality of life for seniors-in-need through reliable and compassionate care.



ANNUAL REPORT

JUNE 2020

MAY 2021



COVID CHANGED...

FAMILIES,
JOBS,
COMMUNICATION,
EDUCATION,
MEDICINE,
COMMUNITIES,
FRIENDSHIPS,
LIVES...



WHO WE ARE

St. Andrew's Charitable Foundation is part of St. Andrew's Resources for Seniors System, a faith-based, non-sectarian, non-profit dedicated to building a society in which older adults are respected and whose needs for a secure and productive life are fulfilled. St. Andrew's has a legacy of meeting the needs of the aging population in the St. Louis area. We focus on enhancing the lives of each older adult by providing a full range of well-being services and secure living environments to older adults over the age of 65.

OUR MISSION

To improve the quality of life for seniors-in-need through reliable and compassionate care.

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...BUT IT DIDN'T CHANGE ST. ANDREW'S COMMITMENT TO LOW-INCOME SENIORS.

DEAR FRIENDS,

Seniors in financial need are faced with difficult challenges that most of us will never have to experience as we age. Often they have little to no family support or safety net. They may live in areas that are deemed food insecure, their homes may be in need of repairs and declining mobility makes them unable to connect with community resources.

Now imagine the impact that the pandemic has had on these vulnerable seniors. They were more likely to become ill and succumb from the virus and what stability they had was threatened as they became more isolated. Because of St. Andrew's Charitable Foundation's unwavering dedication to the care of the elderly, we were quick to identify risk, plan and implement new procedures and practices to ensure these seniors could remain living safely, independently and healthy in their homes.

During the pandemic, one of the major issues uncovered while conducting health and wellness calls to our low income seniors was the extent of food insecurity they were experiencing. Many had no way to safely access healthy food. One man in

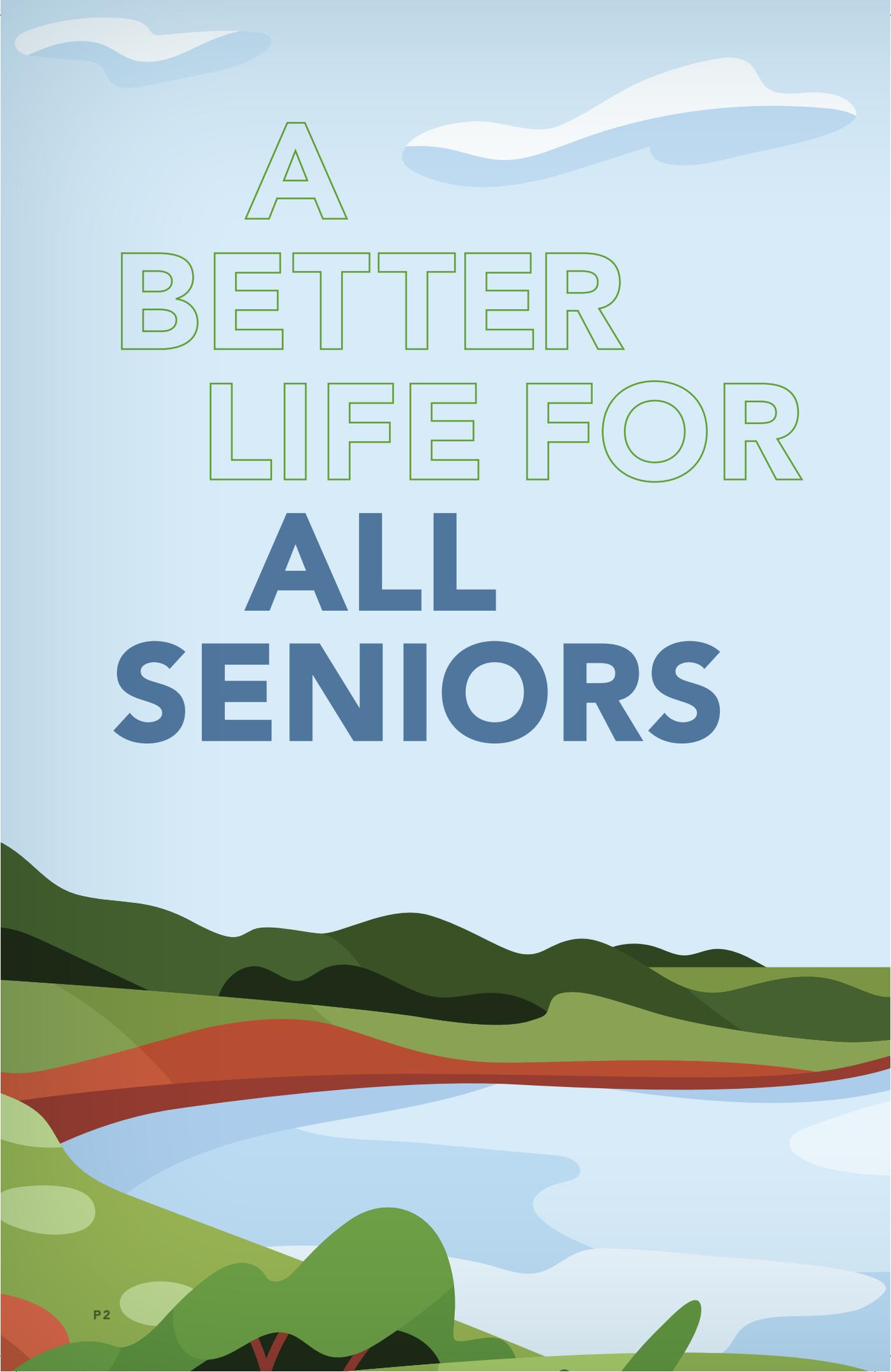
his 80's was relying on a neighbor to buy his groceries but the neighbor stopped this due to fear of the virus. The only way this man had to get food was to walk to a gas station and buy what few can goods they had. When we uncovered this, we began placing his grocery order for fresh, healthy food delivered to him contactless and at no cost. From this and others in similar circumstances, our new Healthy Foods Program began.

With our major fundraiser canceled due to COVID-19 for the past two years, it was necessary to pivot and change how we raised funds to continue our mission. All of this good work, and so much more, could not have been accomplished without the kind and generous support of our donors. Together, we are creating a better life for low-income seniors in our community.

SINCERELY,



Laura J. McBride
Chairman of the Board

A stylized landscape illustration featuring rolling hills in various shades of green and brown, a winding river in light blue, and a sky with soft, white clouds. The text is centered in the upper half of the image.

A
BETTER
LIFE FOR
**ALL
SENIORS**

WHO WE SERVE

The seniors we serve are 65 and older and live on approximately on \$1,200 a month. These seniors struggle to afford food, medications, mortgage or rent, home repairs and medical care and cannot afford to live in a senior or nursing care community. Many of these seniors have little to no family resources, and most are living on their own in the place they call home.

65 and older
AND LIVE ON APPROXIMATELY ON
\$1,200 a month

48 Zip Codes
IN GREATER ST. LOUIS
METROPOLITAN AREA

80% FEMALE

20% MALE

90% AFRICAN AMERICAN

25% HAVE A DISABILITY

9% VETERANS

SERVICES DIRECT TO SENIORS

From June 1, 2020, to May 31, 2021, 2,600 seniors were served through St. Andrew's Charitable Foundation. Our services give seniors the opportunity to remain living safely, independently and healthy in their homes. Because of the generosity of our donors, our services are provided at no cost to the recipient.



SAFE HOME FOR SENIORS

One of the biggest obstacles for a low income senior to stay in the place they call home, is the need for minor repairs and installation of safety aids such as grab bars.

Falls are one of the leading causes of injury and mortality in the elder population. A simple fall has the potential to lead to a severe and permanent injury that could end a senior's ability to live independently. Fortunately, many falls are preventable when home repairs and modifications are made, such as removing potential hazards, rearranging common living spaces, and using assistive devices to minimize the likelihood of falls.

St. Andrew's Charitable Foundation Safe Home for Seniors program helps to minimize the risk of falls for seniors by taking preventative steps to reduce accidents and increase independence. The services provided at no cost to low income seniors and include, but are not limited to: light plumbing, door replacement, re-glazing of windows, replacement of cabinets and vanities, deck and porch repair, gutter clean out, night light placement, touch lamps, non-slip mats, safety lighting, locks, grab bars, repair of broken steps, and basic weatherization.



SLIPS AND FALLS:

Leading cause
of death

AGE 65 AND OLDER, U.S.

INJURY FROM FALLS:

31%, higher
than the
national avg.

ST. ANDREWS PROVIDED

Over 500 hours

OF HOME REPAIRS AND
MODIFICATIONS THROUGH
SAFE HOME FOR SENIORS



Michael is 76 years old and has severe mobility issues and has had several falls over the past year. He did not have the money to make the home safety modifications like installing grab bars in his home and handrails outside along his porch and stairs. St. Andrew's was able to take care of these much-needed modifications.

Thank you St. Andrew's for your assistance. Your home repair specialists who came out to help me were very caring and professional. It makes a huge difference in my day-to-day life and I'm thankful that a program like ours exists to help out seniors who need it.

CIRCLE OF CARE

Ensuring that seniors can live their final years with dignity, safety, and comfort is critical—both to each senior’s overall well-being and to the health of society as a whole.

Aging in place has been proven to have individual health and emotional benefits over institutional care, allowing seniors to build long-term social connections and enhance their overall well-being.

The Circle of Care program helps seniors continue to live safely, healthy and independently in their own homes by providing, at no cost, at-home care assessments to determine the necessary resources and at-home services they need.

Our goal is to provide seniors with the assistance, support, and social connection they need to stay safe, secure, and out of the hospital as they age comfortably in their homes. These resources include, but are not limited to home delivered meals, home repair programs, at-home care giver services which include personal care, escorted transportation, light housekeeping, medication management, diabetic management, nutritional support, clinical over sight and valuable companionship to seniors.

We strive to increase each senior’s quality of life, and connect seniors to vital community resources.

Working with seniors during COVID has been the biggest challenge I have faced during my 17 years with St. Andrews, but I also see that it’s when we were able to make the biggest impact on our clients. I had countless reports from clients that our staff were the only people they saw or spoke to for weeks at a time.

St. Andrews was able to link these clients to regular health and wellness checks, keep them informed, assist in accessing necessities such as food, cleaning supplies, and personal care items, and continue to provide in home assistance that they could trust. When already isolated seniors became further isolated for safety, we became a lifeline for many who had nowhere else to turn.



FOOD INSECURE SENIORS ARE MORE LIKELY TO HAVE

65%

DIABETES

65%

HEART ATTACK

90%

ASTHMA

Missouri Department of Health and Senior Services

HELP WITH PERSONAL CARE:

21% of adults age 85+

U.S. Department of Health and Human Resources

ST. ANDREWS PROVIDED

Over 11,000 hours

OF CARE TO SENIORS THROUGH CIRCLE OF CARE



HOMER SCHMITZ MEMORIAL HEALTH CLINIC

Homer Schmitz Memorial Health Clinics, found in four St. Andrew's operated HUD communities, manage the care of high-need low-income residents.

These clinics provide on-site, walk-in healthcare services to all residents of these communities at no cost. Residents now have access to a medical provider without leaving the facility or facing the obstacles of finding reliable transportation or affording a physician visit.

The clinic represents a unique partnership with the Institute for Family Medicine and Deaconess Faith Community Nurses. A faith community nurse is available three days per week to monitor blood pressure, blood sugar, breathing, and manage medications. A nurse practitioner is available two days per week, and a physician two times per month, allowing residents to see a practitioner that can order tests and prescribe medications. This team works together to help coordinate healthcare, manage chronic conditions, and monitor residents after a hospitalization.





IN MISSOURI

9.4% do not have health insurance coverage

67%

OF SENIORS TAKE FIVE OR MORE PRESCRIPTION DRUGS

CLIENTS AT HOMER SCHMITZ CLINICS HAVE SHOWN IMPROVEMENT WITH MEDICATION COMPLIANCE

97%

“The nurses in the clinics become part of the community, building trust with the residents, which results in better care and outcomes. This has been even more critical during the COVID pandemic.”

BENEVOLENT CARE FUND

When seniors and their families are faced with the reality of a move from the place that they have always called home to a senior living community, St. Andrew's does everything possible to ensure dignity, safety, new friendships, renewed personal meaning and a sense of vitality.

For many seniors, the rising cost of healthcare and extended life expectancy means they may simply outlive their resources. For these seniors there are few places to turn to for help.

St. Andrew's Charitable Foundation ensures that financially struggling St. Andrew's residents won't have to say goodbye to their friends, their community – their home. Instead, we provide financial assistance to bridge the gap so that they may enjoy their remaining time with peace of mind and comfort.

“I never thought I would be in the position where I no longer have the funds to live at my St. Andrew's home anymore. I'm overwhelmed that they have made it possible for me to stay and not have to move at my age.”

**MOST RETIREES WILL
OUTLIVE THEIR SAVINGS BY
8-10 years**

World Economic Forum

**% OF TODAY'S
65 YEAR OLDS THAT
CAN EXPECT TO NEED
LONG TERM CARE**

70%

Department of Health and Human Services

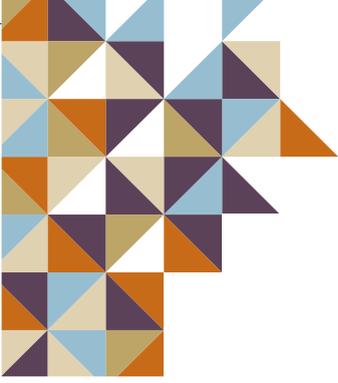


ST. ANDREW'S PROVIDED NEARLY

\$150,000 in FY21

to ensure financially struggling residents
can remain in their St. Andrew's home.





2020 COMMUNITY CAMPAIGN FOR SENIORS

Seniors are more at risk from COVID 19 and caring for them has become even more vital. Unfortunately, it also resulted in the cancellation of all of our fundraising events, leaving us without the funding we count on to fully serve seniors. Through the 2020 Community Campaign for Seniors, you helped us help those who are most vulnerable in our community.

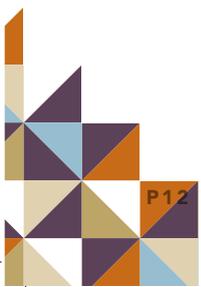
Together, we raised over \$360,000 to help low-income seniors. Because of generous donors, we were able to:

- Provide groceries to 290 seniors
- Make 1,340 health and wellness calls to ensure seniors were emotionally and physically well
- Equip all of our caregivers and senior clients with PPE to ensure everyone's safety
- Made emergency calls to install air conditioners during the extreme heat of summer
- Provide weekly and daily care to those seniors needing assistance in their homes



I put our clients and residents first. I am the backbone of senior health care.

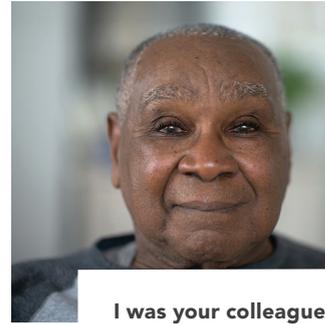
Remember?





I am your neighbor. We walked to school together, and raised our kids together.

Remember?



I was your colleague. We said hello in the halls and swapped stories together at lunch.

Remember?

When you give, **I AM**

REMEMBERED

Funding the Campaign was the greatest support you could have provided during this difficult time, to sustain our mission as we address the new normal in elder care. In this world of uncertainty, thank you for being a constant to St. Andrew's Charitable Foundation and the seniors we serve.

We would not have been successful without the hard work and dedication of our outstanding campaign cabinet members. Thank you for your support!

LEAD SPONSORS



World Wide Technology

Dennis M. Jones Family Foundation



CAMPAIGN CABINET

- Laura Butsch
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- Dirk Elsperman
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- Lee Kling
- Leo MacDonald
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- Cindy Munich
- John Nickel
- Jacqueline Paletta
- Sabina Pugh
- Karen Shaughnessy
- Margaret Welch

ST. ANDREW'S CHARITABLE FOUNDATION



TEE UP FORE Seniors

On April 26, 2021 over 200 people attended Tee Up Fore Seniors golf tournament at Topgolf. Thanks to all of our amazing sponsors and golfers for making the event an incredible success! Together, we raised more than \$80,000 for low income seniors enabling us to provide services, resources and caring support to ensure they can live with dignity, safety, comfort and good health in the place they call home.

A heartfelt "thank you" to Co-Chairs, Terry and Jim Coleman, for their leadership, commitment and support of the event. Thank you to our hard-working committee: Katie Alderson, Pete Benoist, Justin Bingman, Sandy Cannon and Natasha Hrycauk.

Our profound gratitude and deep appreciation to our Sponsors for their generous and continued support.



Co-Chairs, Terry and Jim Coleman



Karen Shaughnessy, Matuschka Briggs, Tina Cucinotta, Jackie Pollvogt



Teresa Price, Devin Price, Todd Elmore, Natasha Hrycauk, Nikki Tudela, Steven Tudela



Brad Rhodes, Andy McCollum, Justin Bingman, Jeff Fugate

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HOLE IN ONE SPONSOR

Kling Family Foundation

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Infinium Pharmacy

AUCTION SPONSOR

Brooke Hunady

THE AGELESS SOCIETY

The Ageless Society is comprised of individuals, who have been recognized by St. Andrew's Charitable Foundation as Ageless Remarkable Saint Louisans, and who wish to further our mission of helping seniors in need with an annual membership gift.

CHARTER PLATINUM MEMBERS

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Dr. Kent Kreh, 2015	Joseph Shaughnessy, 2014
Roger Nelson, M.D., 2005	Ralph Thaman, Jr., 2016
Darlene Roland, 2014	

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J. Robert Green, 2008	Phyllis Tirmenstein, 2011
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W.F. Samuel Hopmeier, 2011	Betty Van Uum, 2019
Milton Hieken, 2011	Robert R. Virgil, 2018
Raymond Hoffstetter, 2017	John Walters, 2016
Patricia P. Kapsar, 2015	
James Kimmey, M.D., 2010	



FY June 1, 2020 – May 31, 2021

FINANCIAL YEAR IN REVIEW

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Secretary

Brooke A. Hunady
Treasurer

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Anna Harris

Natasha Hrycauk

Lee Kling

Leo H. MacDonald, Jr. Past Chair

John Nickel

Sabina Pugh

Sharon Wilson

Since 1981, St. Andrew's Charitable Foundation has built a powerful legacy of serving low-income seniors through a wide range of well-being and support services. We are deeply dedicated to building a society where older adults are respected and can enjoy a healthy, safe, and productive life. To surround our seniors with these services, we rely on generous supporters to champion the cause of seniors in need. From June 1, 2020, through May 31, 2021, over \$1.3 million dollars was raised to support our programs. We appreciate all our donors and are grateful for their contributions. With your help, we can improve the quality of life for seniors-in-need through reliable and compassionate care.

PRESIDENT + CEO

Bill Holman

CHIEF DEVELOPMENT OFFICER

Janet Leigh

DIRECTOR OF DEVELOPMENT

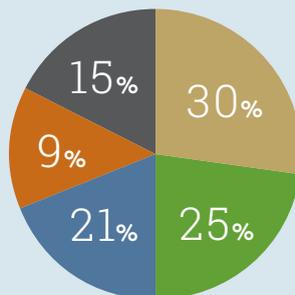
Gail Weller

DEVELOPMENT COORDINATOR

Emily Malloy

\$1.3M REVENUE

912 TOTAL DONORS



FUNDING

- ORGANIZATIONS
- FOUNDATIONS
- INDIVIDUALS
- TRUSTS
- CORPORATIONS

DONOR LIST

\$100,000 and Above

Cape Albeon
Good Samaritan, Inc.
Sansone Trust
St. Louis City Senior Fund

\$50,000 – \$99,999

Ballmann Family
Private Foundation
Marillac Mission Fund

\$25,000 – \$49,999

Victor and Selene DeLinere
Charitable Foundation
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Dennis M. Jones
Family Foundation
Lutheran Foundation of St. Louis
World Wide
Technology Foundation

\$10,000 – \$24,999

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Lynn and Art Zick

Joyce Marcum
Laura McBride

Kristine McGough
Karen Carter

Bud Prokop
Lonette Aronson
Janice Paradissis
Helen Robinson
Nancy and Rabbi Rosenstock

Harriet Pugh
Laura McBride

Gini Schreimann
Terry and Jim Coleman
Judy King

Charlie Schmidt
Mary Alice and John Ryan

Marie Shore
Tom Flynn
Larry Shore

Irma Jean and Tom Tooke
Mary Alice and John Ryan

Tom Tooke
Mariann and Frank Baker

K. Earlwood Towne
Melissia Robinson

Rosemary Wick
Judy King



Holiday Hugs



Holiday Hugs is a tradition at St. Andrew's Charitable Foundation. Each December we host parties in our Housing and Urban Development communities, hand out gifts purchased by generous donors and serve a hot and delicious holiday dinner followed by fun holiday games and delicious desserts. Due to Covid, we were unable to be together and share in the joy of the season. Not willing to disappoint, we reimagined a different way to bring a "hug" to our seniors.

Generous corporate donors and individuals donated funds or purchased the items, cozy socks, cookies, hot chocolate, and candy, directly from our Amazon wish list. These were wrapped up in festive holiday gift bags and delivered to seniors in our HUD communities. We are so grateful to our generous donors, and recognize how much their kindness means in the lives of a low-income senior.





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