



WINTER 2024

# Serving Seniors *in* Need

St. Andrew's Charitable Foundation is dedicated to providing compassionate care to low-income disadvantaged adults 60+ living in the Greater Metropolitan St. Louis area.



Jim & Karen Shaughnessy and Bill & Melissa Holman

## ST. ANDREW'S CHARITABLE FOUNDATION IS DEDICATED TO SERVING SENIORS IN NEED

### Our Mission

To improve the quality of life for seniors-in-need through reliable and compassionate care.

### Who We Are

St. Andrew's Charitable Foundation is part of St. Andrew's Resources for Seniors System, a faith-based, non-sectarian, non-profit dedicated to building a society in which older adults are respected and whose needs for a secure and productive life are fulfilled. St. Andrew's has a legacy of meeting the needs of the aging population in the St. Louis area. We focus on enhancing the lives of each older adult by providing a full range of well-being services and secure living environments to older adults over the age of 60.

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Ball & Bat won by Mark Price with Infinium Pharmacy at the 2023 Tee Up FORE Seniors tournament.





St. Andrew's Charitable Foundation hosted the 19th Annual Ageless Remarkable Saint Louisans Gala on September 30 at the Hilton St. Louis Frontenac. This memorable event celebrated 12 remarkable individuals, left to right: Mary Elise Cox, The Rev. Dr. Warren E. Crews, Sister Marie Orf, Dr. J. William Campbell, Vivian Gibson, James G. Berges, Maxine Clark, John E. Sanders, Dr. Patricia Wolff, Judith Pruitt, Carol Weisman and not pictured Bruce Rubin.

The gala emceed by Dan Gray was held at a new location and featured an online auction, a new mission video, that can be viewed on our website, and critical fundraising efforts to support low-income seniors through a fund-a-need initiative. The event also introduced a dream vacation raffle and two inaugural awards.

The Champion for Seniors award was presented to BSI Constructors for their unwavering support of seniors and St. Andrew's since 2001. The Dedication to Seniors award honored Anna Harris,

a longstanding board member and volunteer dedicated to supporting seniors.

Generous contributions from attendees, sponsors, and supporters resulted in raising \$345,000. These funds will sustain crucial services, including in-home care assistance, healthy grocery delivery, home repairs and safety modifications, and health care services for current and future clients. This event would not be possible without the support of the Foundation's Board of Directors including our gala co-chairs, Dr. Theresa Galakatos and Natasha Hrycuak and board president Laura J. McBride.

Save the date for the 20th Annual Ageless Remarkable Saint Louisans Gala on September 28, 2024, at the Hilton St. Louis Frontenac. **Nominations for the Class of 2024 Ageless Remarkable Saint Louisans are open until March 1, 2024.** Nominate individuals aged 70 or better who are making remarkable contributions to their community at [standrewscharitable-foundation.org](http://standrewscharitable-foundation.org) or by calling 314-802-0273.





Leo & Laura MacDonald, Jr.



Eric Moore, Sandra Moore & Maxine Clark



Honoree Judith Pruitt & family



Honoree Jim Berges



Board Chair Laura J. McBride, Gala Co-Chairs Natasha Hrycauk & Dr. Theresa Galakatos

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# TEE UP FORE SENIORS

ST. ANDREW'S  
CHARITABLE FOUNDATION  
INVITES YOU TO  
TEE UP FORE SENIORS.

SAVE THE DATE for this year's Tee Up FORE Seniors golf tournament on Monday, April 29, 2024 at Top Golf Chesterfield. This event promises an enjoyable afternoon filled with unique golf tournament play, delicious food, refreshing drinks, exciting auctions, raffles, and, most importantly, FUN – all for a worthy cause.

Whether you're a seasoned golfer or have never swung a club, this event is designed for everyone. No prior experience or equipment is needed. The day's activities aim to raise funds that will directly benefit seniors in need, providing essential services that include delivering healthy groceries for those facing food insecurity, offering caregiver services for



From left: Shawn Walsh, Brad Hack, Natasha Hrycauk, Kristin Kohler

seniors requiring extra assistance to stay safe and healthy at home, and conducting home repairs to mitigate fall risks and prevent life-changing injuries. The goal for this year is to raise \$100,000, and your participation is crucial in achieving this milestone.

Whether it's your first time or you're a seasoned participant, everyone is encouraged to join the tournament. Open to all ages, bring your friends, family, and co-workers for an afternoon of Teeing Up FORE Seniors. Your involvement will contribute significantly to supporting seniors in need and making a positive impact on their lives. Save the date and join in the fun for a great cause! **For more information or sponsorship registration visit [teeup2024.givesmart.com](https://teeup2024.givesmart.com) or call 314.802.1940.**

## SAVE THE DATE APRIL 29TH, 2024



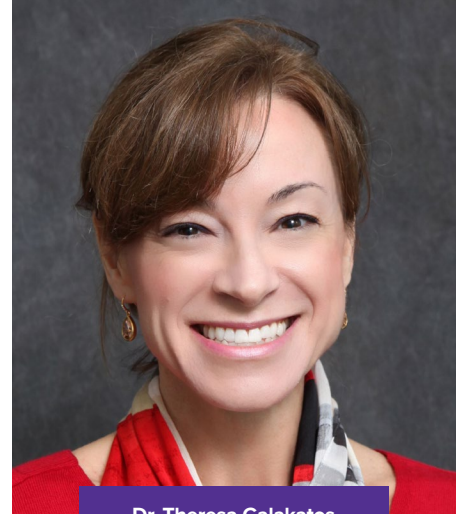
1:30 P.M. REGISTRATION  
2:00 P.M. TEE TIME  
TOP GOLF CHESTERFIELD

# EMERITUS BOARD MEMBERS

St. Andrew's Charitable Foundation extends heartfelt recognition and gratitude to outgoing board members Anna Harris and Dr. Theresa Galakatos. Having completed their board terms in November, Anna and Theresa accepted the invitation to become inaugural Emeritus Board Members. The foundation expresses great appreciation for their continued commitment to serving seniors.



Anna Harris



Dr. Theresa Galakatos

## MISSION MOMENT

V. E., an 84-year-old resident of St. Andrew's of Jennings subsidized independent living apartments, has been a valued Senior Solutions client for several years. Initially receiving weekly assistance with housekeeping and meal preparation from the Circle of Care program, V. E. was later assessed for the Healthy Foods program, benefiting from deliveries of fresh groceries twice a month. Recently, she faced a setback due to a stroke, requiring increased care upon her return home.

The dedicated team at Senior Solutions promptly crafted a tailored plan to enhance V. E.'s Circle of Care services, temporarily increasing care hours to support her recovery. As part of this plan, she received a swivel shower chair through the Safe Home for Seniors



**V.E. an 84-year-old recipient of the Circle of Care program was later assessed for the Healthy Foods program.**

program, contributing to a safer living environment. This comprehensive approach allowed V. E. to regain strength, undergo therapy at home, and successfully recover.

V. E.'s story exemplifies our unwavering commitment to assisting

seniors in aging in place with safety, independence, and exceptional care. We celebrate the success of this collaborative effort, illustrating how St. Andrew's transforms into a supportive family for its clients, thanks to the generous support of our contributors.



# EMPLOYEE SPOTLIGHT



St. Andrew's Senior Solutions' Executive Director Melissa Robinson and Client Services Supervisor Amber McCommons with Adam Marle, LeadingAge Missouri Board President and CEO of Lutheran Senior Services

We are excited to share Amber McCommons was presented the 2023 Employee of the Year Award for Clinical Management by Leading Age Missouri. Amber began her career with Senior Solutions in 2017 as a Direct Caregiver and soon was promoted to Team Lead. In Amber's current role of Client Services Supervisor, she provides oversight, training, and support to the team.

## 2023 LEADINGAGE MISSOURI EMPLOYEE OF THE YEAR AWARD FOR CLINICAL MANAGEMENT

LeadingAge Missouri's Awards Program is all about people who make a difference every day in the lives of those they serve. It is about people who put quality first, deliver excellence and inspire others to do the same. These are the people who are expanding the possibilities for the people they serve!

The Employee of the Year award is presented to an individual employee who has made an outstanding contribution to the mission and philosophy of a LeadingAge Missouri aging services member and/or has demonstrated unusual commitment to preserve the dignity, wellbeing and independence of older Missourians and/or adults with disabilities. The awardee selection process starts with Leading Age putting out a call for nominations, a nominations committee submits recommended nominations to Leading Age and the Awards Committee reviews and selects the recipients.

Amber has established herself as a "team player" often covering caregiver shifts when needed, leading blood-pressure clinics, and providing on the job training with new caregivers. Her support of team members and dedication to clients is evident from the feedback and many testimonials she receives.



Amber provided outstanding care for a client, who had a stroke and required home care. Amber quickly became a vital part of their family, providing compassionate and attentive care. She went above and beyond to provide emotional support and reassurance to the client's daughter, his primary care coordinator. Amber's presence and dedication made a significant difference in alleviating her feelings of being overwhelmed, and she shared that she "never felt alone."

Amber did not hesitate to travel to a client's home at 6:00 am in the morning to provide support and on the job training for another caregiver that was struggling with repositioning a client which most likely prevented injury to both the client and caregiver.

Amber shares more about the best and challenging parts of her work and what being Named Employee of the Year for Clinical Management means to her.

*My favorite part of working with and supporting seniors is gaining the relationships with the seniors and their families. I have always said if you have a great relationship with the seniors and their families you work with then they will trust you with the care you will provide them.*

*What I love about my job is I get to directly interact with the clients we serve. Also, I get to start the relationship with clients and their families, showing there is someone who really cares about them.*

*The challenging part of my job is scheduling caregivers to ensure coverage and making families aware of who is taking care of their loved ones.*

*Being named Employee of the Year means that my supervisors believe that I am the right person to start and maintain client relationships to provide a high standard of care and also reassures the client's families that we are doing our best to provide care, so they don't have to worry about their loved ones.*




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## 2023 TAX RECEIPT LETTERS

Tax Receipts are mailed after each donation, if you misplaced yours and need a 2023 Tax Receipt, please contact our office at [cfdevelopment@standrews1.com](mailto:cfdevelopment@standrews1.com) or **314-802-1126**.

 *If you'd like to support at-risk seniors, please consider sending a gift in the enclosed envelope today.*

*Thank You  
 for your support!*

### St. Andrew's Charitable Foundation Staff



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